



# PlasmaDive™

MRM and PRM Assay Panel for Human Plasma

## MANUAL

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## PlasmaDive™ Panel Components

<b>PlasmaDive™ Kit</b>	Part No: Ki-3004-48 or Ki-3004-96 Sufficient for analysis of 48 or 96 samples
Reference Peptide Mix	1x or 2x 1.1 ml tube, black cap
Alkylation Solution	1x or 2x 10 ml tube, yellow cap
Reduction Stock Solution	1x or 2x 0.5 ml tube, orange cap
LC Solution	2x or 4x 10 ml tube, clear cap
10x Dilution Buffer	1x or 2x 10 ml tube, green cap
Denature Buffer	1x or 2x 10 ml tube, violet cap
Dissolution Buffer	1x or 2x 2.0 ml tube, light blue cap
96-well MACROSpin Plate	1x with 2x 96-well plate included
96-well Plate	3x 96-well plate packaged separately
96-well Plate Sealer	6x plate sealer
<b>PlasmaDive™ MRM or PRM Panel Plug-in</b>	Available upon request at <a href="mailto:support@biognosys.com">support@biognosys.com</a>
<b>PlasmaDive™ Panel Manual</b>	Available at <a href="http://www.biognosys.com/shop/plasmadive">www.biognosys.com/shop/plasmadive</a>

## Storage and Quality Control of PlasmaDive™ Kit

Immediately after receiving the kit store:

- ◆ Reference Peptide Mix at **-20°C**
- ◆ Reduction Stock Solution and Alkylation Solution at **+4°C** and **protected from light**
- ◆ All other components should be stored dry at room temperature (15–25°C)

In accordance with Biognosys' Quality Management System, each lot of the kit is tested against predetermined specifications to ensure consistent product quality.

## Use Limitations

PlasmaDive™ Assay Panel is intended for mass spectrometry proteomics applications and research use only. This product is not intended for the diagnosis, prevention, or treatment of a disease. All due care and attention should be exercised in the handling of the products.

## Product Warranty and Satisfaction Guarantee

Biognosys guarantees the performance of the product when following the instructions and protocols described in this product manual. However, the user must determine the suitability of the product for the intended use. Should the product fail to perform satisfactorily due to any reason other than misuse, Biognosys will replace it free of charge. Biognosys reserves the right to change, alter, or modify any product to enhance its performance and design.

If you have questions about product specifications or performance, please contact us at [support@biognosys.com](mailto:support@biognosys.com). We also encourage you to contact us if you have any suggestions for improving product performance or for its use in new applications and techniques.

## Technical Assistance

Our Technical Department is composed of experienced scientists with extensive practical and theoretical expertise in proteomic technologies and bioinformatics. If you have any questions or experience any difficulties with PlasmaDive™ Assay Panel please do not hesitate to contact us at [support@biognosys.com](mailto:support@biognosys.com) call +41 44 738 20 40 or visit [www.biognosys.com/shop/plasmadive](http://www.biognosys.com/shop/plasmadive).

## Safety Information

When working with chemicals, always wear a suitable lab coat, disposable gloves, and protective goggles. For more information, please consult the material safety data sheet (MSDS) available online in convenient and compact PDF format at [www.biognosys.com/shop/plasmadive](http://www.biognosys.com/shop/plasmadive).

The following risk and safety phrases apply to components of the PlasmaDive™ Kit.

**10X Dilution Buffer:** Harmful if swallowed.

**Alkylation Solution:** Toxic if swallowed, may cause allergy or asthma symptoms or breathing difficulties if inhaled, may cause an allergic skin reaction, may cause long lasting harmful effects to aquatic life.

**Dissolution Buffer:** Highly flammable liquid and vapour, causes serious eye irritation.

**Reduction Stock Solution:** Harmful if swallowed, causes skin and eye irritation, may cause respiratory irritation.

## Introduction: The PlasmaDive™ Panel at a Glance

Blood is the most frequently used biological sample in clinical research and routine laboratory diagnostics. Levels of blood proteins reflect the health status of single organs and the body as a whole. Changes in composition of proteins in the blood can be correlated to disease onset or therapy response. Often the changes in protein concentrations relative to each other are the key indicator of a certain condition. Only monitoring the levels of major blood proteins simultaneously makes it possible to recognize the “Big Picture” and explain pathological processes going on in the body.

The PlasmaDive™ Assay Panel was designed for targeted proteomics approaches – Multiple Reaction Monitoring (MRM, also called SRM) and Parallel Reaction Monitoring (PRM) – which focus on quantifying predefined sets of proteins with high sensitivity and reproducibility. Biognosys is unique in its ability to perform scheduled highly multiplexed MRM and PRM measurements based on its innovative iRT concept and specifically developed the MRM and PRM signal processing software – SpectroDive™. The PlasmaDive™ kit includes a reference peptide mix that allows users to measure absolute concentrations of the target proteins.

The PlasmaDive™ Panel optimally combines 100 peptide MRM or PRM assays in one scheduled multiplexed method. Each peptide is representative of a human plasma protein (**Table 1**). The PlasmaDive™ protocol requires as little as 10 µl of plasma and 48 hours to provide to provide actionable clinically-relevant data. The panel is therefore a perfect solution for large-scale experiments requiring high throughput.

**Table 1. List of proteins quantified with PlasmaDive™ Panel**

UniPot ID	Entry Name	Protein Name
P02763	A1AG1_HUMAN	Alpha-1-acid glycoprotein 1 (Orosomucoid-1)
P19652	A1AG2_HUMAN	Alpha-1-acid glycoprotein 2 (Orosomucoid-2)
P01009	A1AT_HUMAN	Alpha-1-antitrypsin
P04217	A1BG_HUMAN	Alpha-1B-glycoprotein
P08697	A2AP_HUMAN	Alpha-2-antiplasmin (Serpins F2)
P02750	A2GL_HUMAN	Leucine-rich alpha-2-glycoprotein (LRG)
P01023	A2MG_HUMAN	Alpha-2-macroglobulin (Alpha-2-M)
P01011	AACT_HUMAN	Alpha-1-antichymotrypsin (ACT)
P43652	AFAM_HUMAN	Afamin (Alpha-albumin)
P02768	ALBU_HUMAN	Serum albumin
P35858	ALS_HUMAN	Insulin-like growth factor-binding protein complex acid labile subunit
P02760	AMBP_HUMAN	Protein AMBP
P01019	ANGT_HUMAN	Angiotensinogen (Serpins A8)
P01008	ANT3_HUMAN	Antithrombin-III (Serpins C1)
P02647	APOA1_HUMAN	Apolipoprotein A-I
P02652	APOA2_HUMAN	Apolipoprotein A-II
P06727	APOA4_HUMAN	Apolipoprotein A-IV
P04114	APOB_HUMAN	Apolipoprotein B-100
P02654	APOC1_HUMAN	Apolipoprotein C-I
P02655	APOC2_HUMAN	Apolipoprotein C-II

P02656	APOC3_HUMAN	Apolipoprotein C-III
P05090	APOD_HUMAN	Apolipoprotein D
P02649	APOE_HUMAN	Apolipoprotein E
P02749	APOH_HUMAN	Apolipoprotein H
O14791	APOL1_HUMAN	Apolipoprotein L1
O95445	APOM_HUMAN	Apolipoprotein M
P43251	BTD_HUMAN	Biotinidase
P02745	C1QA_HUMAN	Complement C1q subcomponent subunit A
P02746	C1QB_HUMAN	Complement C1q subcomponent subunit B
P02747	C1QC_HUMAN	Complement C1q subcomponent subunit C
P00736	C1R_HUMAN	Complement C1r subcomponent
P09871	C1S_HUMAN	Complement C1s subcomponent
P04003	C4BPA_HUMAN	C4b-binding protein alpha chain
P08185	CBG_HUMAN	Corticosteroid-binding globulin (Serpin A6)
O43866	CD5L_HUMAN	CD5 antigen-like (CT-2) (SP-alpha)
P00450	CERU_HUMAN	Ceruloplasmin (Ferroxidase)
P00751	CFAB_HUMAN	Complement factor B
P08603	CFAH_HUMAN	Complement factor H (H factor 1)
P05156	CFAI_HUMAN	Complement factor I
P06276	CHLE_HUMAN	Cholinesterase (EC 3.1.1.8)
P10909	CLUS_HUMAN	Clusterin (Aging-associated gene 4 protein) (Apolipoprotein J)
P06681	CO2_HUMAN	Complement C2
P01024	CO3_HUMAN	Complement C3
P0C0L4	CO4A_HUMAN	Complement C4-A
P01031	CO5_HUMAN	Complement C5
P07357	CO8A_HUMAN	Complement component C8 alpha chain
P02748	CO9_HUMAN	Complement component C9
P02775	CXCL7_HUMAN	Platelet basic protein (C-X-C motif chemokine 7)
P00488	F13A_HUMAN	Coagulation factor XIII A chain
P05160	F13B_HUMAN	Coagulation factor XIII B chain
P00742	FA10_HUMAN	Coagulation factor X
P00740	FA9_HUMAN	Coagulation factor IX
P23142	FBLN1_HUMAN	Fibulin-1
P02765	FETUA_HUMAN	Alpha-2-HS-glycoprotein
Q9UGM5	FETUB_HUMAN	Fetuin-B
P02671	FIBA_HUMAN	Fibrinogen alpha chain
P02679	FIBG_HUMAN	Fibrinogen gamma chain
P02751	FINC_HUMAN	Fibronectin (FN)
P06396	GELS_HUMAN	Gelsolin (Actin-depolymerizing factor)
P22352	GPX3_HUMAN	Glutathione peroxidase 3
P68871	HBB_HUMAN	Hemoglobin subunit beta
P02042	HBD_HUMAN	Hemoglobin subunit delta (Delta-globin)
P02790	HEMO_HUMAN	Hemopexin (Beta-1B-glycoprotein)
P05546	HEP2_HUMAN	Heparin cofactor 2
P00738	HPT_HUMAN	Haptoglobin
P00739	HPTR_HUMAN	Haptoglobin-related protein
P04196	HRG_HUMAN	Histidine-rich glycoprotein
P05155	IC1_HUMAN	Plasma protease C1 inhibitor
P01876	IGHA1_HUMAN	Ig alpha-1 chain C region

P01877	IGHA2_HUMAN	Ig alpha-2 chain C region
P01857	IGHG1_HUMAN	Ig gamma-1 chain C region
P01859	IGHG2_HUMAN	Ig gamma-2 chain C region
P01860	IGHG3_HUMAN	Ig gamma-3 chain C region (HDC)
P01871	IGHM_HUMAN	Ig mu chain C region
P05154	IPSP_HUMAN	Plasma serine protease inhibitor
P19827	ITIH1_HUMAN	Inter-alpha-trypsin inhibitor heavy chain H1
P19823	ITIH2_HUMAN	Inter-alpha-trypsin inhibitor heavy chain H2
Q14624	ITIH4_HUMAN	Inter-alpha-trypsin inhibitor heavy chain H4
P29622	KAIN_HUMAN	Kallistatin (Kallikrein inhibitor)
P03952	KLKB1_HUMAN	Plasma kallikrein
P01042	KNG1_HUMAN	Kininogen-1
P36955	PEDF_HUMAN	Pigment epithelium-derived factor (PEDF)
Q96PD5	PGRP2_HUMAN	N-acetylmuramoyl-L-alanine amidase
P02776	PLF4_HUMAN	Platelet factor 4 (Oncofostatin-A)
P00747	PLMN_HUMAN	Plasminogen
P27169	PON1_HUMAN	Serum paraoxonase
Q92954	PRG4_HUMAN	Proteoglycan 4
P02753	RET4_HUMAN	Retinol-binding protein 4
P35542	SAA4_HUMAN	Serum amyloid A-4 protein
P49908	SEPP1_HUMAN	Selenoprotein P
P04278	SHBG_HUMAN	Sex hormone-binding globulin
P05452	TETN_HUMAN	Tetranectin
P05543	THBG_HUMAN	Thyroxine-binding globulin (Serpina A7)
P00734	THRB_HUMAN	Prothrombin
P02787	TRFE_HUMAN	Serotransferrin
P02766	TTHY_HUMAN	Transthyretin
P02774	VTDB_HUMAN	Vitamin D-binding protein
P04004	VTNC_HUMAN	Vitronectin
P04275	VWF_HUMAN	von Willebrand factor
P25311	ZA2G_HUMAN	Zinc-alpha-2-glycoprotein

## Important Notes before Starting

Before starting with the sample preparation, read through the steps carefully and make sure all the required reagents and equipment are available.

Use at least LC-grade solvents and water throughout the protocol to prepare buffers and solutions.

The kit components are sufficient for 48 or 96 human plasma samples.

The kit is designed to be used in 1 or 2 batches of 48 samples each. All reagents are supplied in two or four tubes / vials. All plates should be sealed after the first use and stored appropriately until the second usage. Note that when starting processing the second batch wells of the 96-well plate matching the unused part of the MACROSpin plate should be used.

To process 96 samples as a single batch all provided reagents are needed. Repeat steps 1-3 and 9 of Sample Preparation Procedure & LC-MRM/PRM Analysis for both provided tubes.

## **Sample Requirements**

**Human plasma or serum, 10 µl per sample.**

Reserve one suitable sample for calibration runs. If it is not possible to dedicate one sample for a calibration run, a separate LC-MS sample for calibration can be prepared following instructions in Section E of the Sample Preparation Procedure & LC-MRM/PRM Analysis.



## SpectroDive™ Software and PlasmaDive™ Panel Plug-in

The PlasmaDive™ Assay Panel together with the SpectroDive™ software enables easy MS method setup and automated signal processing of your LC-MRM or LC-PRM measurements. SpectroDive™ supports all Biognosys' Assay Panels. For each panel corresponding software plug-ins are required.

To activate your SpectroDive™ license, which is bundled with the PlasmaDive™ workflow kit, please contact [support@biognosys.com](mailto:support@biognosys.com). The downloading instructions and your personal **License Key** will be sent to your e-mail account within one working day. Also, the PlasmaDive™ Panel plug-ins will be provided to you by the Biognosys team upon request to [support@biognosys.com](mailto:support@biognosys.com). You can also find all information about SpectroDive™ and full licensing models at [www.biognosys.com/shop/spectrodive](http://www.biognosys.com/shop/spectrodive).

SpectroDive™ can be installed and run on a notebook or desktop computer. The minimal system requirements are: **Windows 7 or higher, 4GB RAM, 50GB free hard disc space, software .NET 4.5.**

### SpectroDive™ Installation

- ◆ Close all running programs
- ◆ Open the SpectroDive™ installer (administrator rights are required) and follow the wizard instructions
- ◆ Carefully read through the license agreement
- ◆ Choose the location for installation
- ◆ Check settings and proceed with installation
- ◆ A confirmation message will appear after successful installation

### SpectroDive™ Activation

When running SpectroDive™ for the first time you will be prompted to activate the software. For activation use your personal License Key from the e-mail with downloading instructions.

An internet connection is required for the on-line SpectroDive™ activation. If your computer is not connected to the internet or the activation is blocked by your firewall, please follow the SpectroDive™ instructions for the off-line activation.

### PlasmaDive™ Panel Plug-in Import

- ◆ In SpectroDive™ select the 'Prepare' perspective by clicking on the corresponding icon on the top.
- ◆ Import the **.kit** file for PlasmaDive™ by clicking on 'Import New Panel' in the low part of '1) Choose Panel' section on the left.
- ◆ The panel "PlasmaDive™ 100.2.1 [HUMAN]" or "PlasmaDive™ 100.2.1 PRM [HUMAN]" is now in the 'Panel' folder.

## Additionally Required Laboratory Equipment and Consumables

Multichannel (5 µl – 200 µl) and single channel pipettes (0.5 µl – 1000 µl) with corresponding tips
Liquid trays for multichannel pipettes
Glass syringe (100 µl)
pH paper (recommended universal pH indicator paper pH 1-10 with colour scale) or pH meter with small combined glass electrode
Vortex mixer
15 ml & 50 ml plastic tubes
Benchtop centrifuge
Thermomixer at +37°C compatible with 96-well plates
Centrifuge with plate rotor and cooling option (+4°C)
Vacuum centrifuge with plate rotor
LC-MS vials or autosampler compatible with 96-well plate

## Additionally Required Reagents, Solvents and Solutions

Sequencing grade modified trypsin, stock solution at 0.4 µg/µl (recommended Promega Product Catalog#V5113)
10% (v/v) TFA solution, prepare at least 2 ml for 48 samples (Note 1, Note 2)
Methanol, at least 20 ml for 48 samples
Water
Acetonitrile
<b>C18 Cleaning Solution</b> , prepare at least 15 ml for 48 samples (Note 1) <ul style="list-style-type: none"> <li>◆ 80% (v/v) Acetonitrile</li> <li>◆ 0.1% (v/v) TFA (Note 2, Note 3)</li> <li>◆ In water</li> </ul>

### Note 1

Solution can be stored at room temperature for up to one year.

### Note 2

Use a glass syringe to pipette strong acidic solutions like concentrated TFA.

### Note 3

Use 10% (v/v) TFA solution.

**C18 Washing Solution**, prepare at least 60 ml for 48 samples (Note 1)

- ◆ 1% (v/v) Acetonitrile
- ◆ 0.1% (v/v) TFA (Note 2, Note 3)
- ◆ In water

**C18 Elution Solution**, prepare at least 20 ml for 48 samples (Note 1)

- ◆ 50% (v/v) Acetonitrile
- ◆ 0.1% (v/v) TFA (Note 2, Note 3)
- ◆ In water

## Sample Preparation Procedure & LC-MRM/PRM Analysis

### A. Denaturation, reduction and alkylation

1. Dissolve 10x Dilution Buffer with water to a total volume of 5 ml (Note 4), vortex until solubilized.
2. Dissolve Reduction Stock Solution with 250  $\mu$ l water, vortex, briefly spin down.
3. Prepare Denature Buffer:
  - 3.1. Add 500  $\mu$ l of 10x Dilution Buffer from step 1 to the Denature Buffer tube. Keep 10x Dilution Buffer in fridge until further usage in step 14.
  - 3.2. Add 25  $\mu$ l of Reduction Stock Solution to the Denature Buffer tube.
  - 3.3. Fill up Denature Buffer with 2.3 ml of water (Note 4, Note 5).
4. Using a multichannel pipette, add 90  $\mu$ l/well of Denature Buffer to a **new** 96-well plate (Note 6).
5. Add 10  $\mu$ l of a plasma sample in each well (Note 7, Note 8).
6. Gently shake the plate or vials on thermomixer for 1 min at room temperature.
7. Briefly spin down to collect all liquid at the bottom of the wells.
8. Incubate the plate at +37°C, 600 rpm on thermomixer for 30 min.
9. Let the samples cool to room temperature while preparing the Alkylation Solution:
  - 9.1. Fill up Alkylation Solution with water to 3 ml (Note 4), vortex, briefly spin down (Note 9).
10. Using a multichannel pipette, add 16  $\mu$ l/well of Alkylation Solution.
11. Gently shake the plate on thermomixer for 1 min at room temperature.

#### Note 4

To solubilize the provided solid components, dissolve first in a small amount of the stated solvent and fill-up to final volume carefully.

#### Note 5

Warm up the tube to help solubilizing the reagent by holding the tube in warm (<40°C) tap water.

#### Note 6

If only 48 samples are processed at a time, seal the unused wells.

#### Note 7

Thawed plasma samples should not be left without Denature Buffer at room temperature for longer than 5 minutes.

#### Note 8

Randomize sample location on plate.

#### Note 9

Light sensitive, prepare shortly before usage and keep in dark.

12. Briefly spin down to collect all liquid at the bottom of the wells.
13. Incubate the plate at room temperature **in the dark** for 30 min.

## B. Dilution

14. Prepare 1x Dilution Buffer by mixing in a separate tube 2 ml of 10x Dilution Buffer and 18 ml of water.
15. Using a multichannel pipette, add 150  $\mu\text{l}$ /well of 1x Dilution Buffer to a **new** 96-well plate (Note 6).
16. Using a multichannel pipette, add 15  $\mu\text{l}$ /well of denatured plasma sample (from Section A, step 13).

*Optional: you might freeze remaining sample in the plate for a repeated analysis.*

17. Check pH to be 8–9 in a few wells by pipetting 0.5  $\mu\text{l}$  onto a pH paper or by using a pH-electrode (Note 10).
  - 17.1. If pH is below 8, adjust it in **all** wells using 5  $\mu\text{l}$  of 10x Dilution Buffer.
  - 17.2. Check again in a few wells, repeat steps 17.1 and 17.2 if necessary.

### Note 10

Avoid sample cross-contamination by using fresh tips or cleaning the electrode with water for every sample.

## C. Digestion using endoprotease trypsin

18. Thaw trypsin (0.4  $\mu\text{g}/\mu\text{l}$ ) and spin down briefly.
19. Add 5  $\mu\text{l}$ /well of trypsin to the 96-well plate from Section B using a single channel pipette.
20. Gently shake the plate on thermomixer for 1 min at room temperature.
21. Briefly spin down to collect all liquid at the bottom of the wells.
22. Incubate the plate at +37°C, 600 rpm in the thermomixer for 3 hours.
23. Acidify samples by adding 20  $\mu\text{l}$ /well of 10% (v/v) TFA solution using a multichannel pipette (Note 11).
24. Check pH to be below 2 in a few wells by pipetting 0.5  $\mu\text{l}$  onto a pH paper or by using a pH-electrode.
  - 24.1. If pH is above 2, adjust it in **all** wells adding 5  $\mu\text{l}$  of 10% (v/v) TFA solution.
  - 24.2. Check again in a few wells, repeat steps 24.1 and 24.2 if necessary.
25. Gently shake the plate on thermomixer for 1 min at room temperature.
26. Briefly spin down to collect all liquid at the bottom of the wells.

### Note 11

Foaming is possible; add 10% (v/v) TFA solution slowly.

*Optional: if convenient store samples at -20°C until C18 clean-up.*

## D. Sample clean-up using 96-well MACROSpin plates

### Spin plate preparation

27. Place 96-well MACROSpin Plate on top of a **new** 96-well plate.
28. Remove the aluminium protection from the wells that will be used.
29. Add 200 µl/well of methanol to each well, centrifuge at 100 x *g* for 1 min, and discard flow-through.
30. Using a multichannel pipette, add 200 µl/well of C18 Cleaning Solution, centrifuge at 100 x *g* for 1 min, and discard flow-through.
31. Using a multichannel pipette, add 200 µl/well of C18 Washing Solution, centrifuge at 400 x *g* for 1 min, and discard flow-through.
32. Repeat step 31 two more times.

### Sample loading to spin plate

33. Centrifuge (thawed) 96-well plate from Section C with your samples at 1000 x *g* for 1 min.
34. Place 96-well MACROSpin Plate on a **new** 96-well plate, keep the old plate for later steps (36 to 39).
35. Load samples (supernatant) on 96-well MACROSpin Plate using a multichannel 200 µl pipette, centrifuge at 400 x *g* for 1 min, **do not discard flow-through** (Note 12).
36. Place spin plate on the 96-well plate previously used during the spin plate preparation (steps 27 to 32).
37. Load flow-through from step 35 on 96-well MACROSpin Plate using a multichannel pipette, centrifuge at 400 x *g* for 1 min and then discard the flow-through (Note 12).
38. Add 200 µl/well of C18 Washing Solution using a multichannel pipette, centrifuge at 400 x *g* for 1 min and discard the flow-through (Note 12).
39. Repeat step 38 two more times.  
If applicable, seal the unused wells after step completion and store the plate upon further usage (Note 6).

### Note 12

You may increase the centrifugation force up to 1'000 x *g* in case of low flow rates through the MACROSpin plate.

### Elution and sample preparation

40. Place 96-well MACROSpin Plate on a **new** 96-well plate.
41. Add 170 µl/well of C18 Elution Buffer using a multichannel pipette, centrifuge at 400 x *g* for 1 min, keep flow-through in 96-well plate.
42. Repeat step 41 once again, collecting all eluates in the same collection plate (Note 6).

*Optional: if necessary store 96-well plate with samples at -20°C until drying.*

43. Dry down the combined eluates using a vacuum centrifuge (Note 13, Note 14).

**Note 13**

Transfer eluates to Eppendorf tubes, if necessary.

**E. LC-MS sample preparation & LC settings**

44. Dissolve dried samples (step 43) in 225  $\mu\text{l}$ /well of LC Solution by pipetting up and down with a multichannel pipette.
45. Gently shake the plate on thermomixer for 1 min at room temperature.
46. Centrifuge the dissolved samples at 4°C and 1000 x *g* for 20 min.
47. Transfer 6  $\mu\text{l}$  of sample supernatants to LC-MS vials or to an autosampler-compatible 96-well plate. Store remaining samples at -20°C.
48. Prepare Reference Peptide Mix by adding to the glass vial 20  $\mu\text{l}$  of Dissolution Buffer; vortex briefly.
49. Add 100  $\mu\text{l}$  of LC Solution to the Reference Peptide Mix.
50. Vortex the Reference Peptide Mix, sonicate for 5 min if possible.
51. Add 2  $\mu\text{l}$ /sample of Reference Peptide Mix to each LC-MS vial using a single channel pipette.
52. Inject 3  $\mu\text{l}$ /sample for all LC-MS measurements. Please consider the recommended LC settings below.

**Note 14**

Dried samples can be stored at -20°C until usage.

If you have included a Calibration Sample in your 96-well plate continue with Section F. Otherwise follow the steps 53-55.

53. Prepare a Calibration Sample by pooling into a separate LC-MS vial of 1  $\mu\text{l}$  from 9 randomly selected samples from step 46.
54. Add 3  $\mu\text{l}$  of Reference Peptide Mix to the Calibration Sample.
55. Inject 3  $\mu\text{l}$  of the Calibration Sample for LC-MS measurements. Please consider the recommended LC settings below, depending on your acquisition method:

**Recommended nano-flow LC settings for LC-MRM:**

Time, min	Solvent A 1% AcN / 0.1% FA / H <sub>2</sub> O	Solvent B 3% H <sub>2</sub> O / 0.1% FA / AcN
0	100%	0%
30	65%	35%
32	0%	100%
40	0%	100%
Flow rate	0.3 $\mu\text{l}/\text{min}$	
Sample loading	3 $\mu\text{l}$ /injection (approx. 1 $\mu\text{g}$ protein/injection)	

**Recommended nano-flow LC settings for LC-PRM:**

Time, min	Solvent A 1% AcN / 0.1% FA / H <sub>2</sub> O	Solvent B 3% H <sub>2</sub> O / 0.1% FA / AcN
0	100%	0%
120	65%	35%
122	0%	100%
130	0%	100%
Flow rate	0.3 µl/min	
Sample loading	3µl/injection (approx. 1µg protein/injection)	

**F. LC-MS retention time (RT) calibration and scheduled measurement of PlasmaDive™ Assay Panel**

If you are acquiring your samples in PRM mode, continue at step 73.

**LC-MRM retention time calibration**

56. Open the “Prepare” perspective in SpectroDive™ by clicking on the corresponding icon top left.
57. In section “1) Choose panel” select iRT-Kit from the folder “LC calibration” for MRM measurement.
58. In section “3) Export Method” select your instrument and software version, set Dwell Time to 10-20 ms for MRM measurements.
59. Export the method (transition file) as comma-separated file by clicking on ‘Export Method ...’ and save it to the computer connected to your LC-MS system.
60. Import the method (transition file) to your unscheduled LC-MRM instrument method.
61. Measure your calibration sample in unscheduled MRM on your standard LC setup (use identical gradient as for the quantitative runs later).
62. Transfer the calibration run file (.RAW or .WIFF) to the computer running SpectroDive™.
63. Open the ‘Review’ perspective in SpectroDive™ by clicking on the corresponding icon on the top.
64. To load the calibration run file click on ‘Load raw data...’ and select the run file, click ‘Start’.
65. Verify the calibration linearity and the intensities of iRT peptides in the calibration run.

**Scheduled measurement of the PlasmaDive™ Assay Panel**

66. Change to 'Prepare' perspective by clicking on the corresponding icon on the top to recalibrate the PlasmaDive™ panel for the current LC setup.
67. Select the panel "PlasmaDive™ 100.2.1 [HUMAN]" in the '1) Choose Panel' section
68. Select the calibration run used for calibration in step 65 in the '2) Choose LC calibration' section. The most recent loaded run is shown on top of the table, however, you may select from other previously loaded runs.
69. Adjust the instrument and method settings in '3) Export Method' section (Note 15).
  - 69.1. Change to a scheduled method on the pull-down menu 'Scheduling'.
  - 69.2. Adjust the retention time window in minutes in the field 'Window (min)' in order to not to exceed a maximum number of concurrent transitions (e.g. assuming a constant cycle time of 2.5 s, one should not exceed maximal 250 concurrent transitions since this may lead to a dwell time of lower than 10 ms).
70. Export the method (transition file) by clicking on 'Export Method ...' and save it to a location of your choice.
71. Attach the transition file (or inclusion list) to the schedule instrument method of choice and start the data acquisition of your samples from step 52.
  - 71.1. Make sure that you use the exact same LC setup and gradient as used for the calibration.
  - 71.2. Make sure that you use constant cycle time.
72. Measure all samples in your experiment using the same scheduled instrument method (Note 16).
  - 72.1. Continue with data analysis at step 90.

#### LC-PRM retention time calibration

73. Open the "Prepare" perspective in SpectroDive™ by clicking on the corresponding icon top left.
74. In section "1) Choose panel" select "PRM iRT-Kit" from the folder "LC calibration".
75. In section "3) Export Method" select your instrument and software version
76. Export the method (inclusion list) as comma-separated file by clicking on 'Export Method ...' and save it to the computer connected to your LC-MS system.

#### Note 15

The plot in section '3) Export Method' shows the number of concurrent transitions or precursors (i.e. the number of transitions or precursors the instrument has to cycle through at a certain time in the gradient).

#### Note 16

In case major system changes (e.g. new column) a new calibration run has to be performed and a new scheduled instrument method has to be generated according to the Section F.



77. Import the inclusion list to your unscheduled PRM instrument method.
78. Measure your calibration sample in unscheduled PRM mode on your standard LC setup.
79. Transfer the calibration run file (.RAW or .WIFF) to the computer running SpectroDive™.
80. Open the 'Review' perspective in SpectroDive™ by clicking on the corresponding icon on the top.
81. To load the calibration run file click on 'Load raw data...' and select the run file, click 'Start'.
82. Verify the calibration linearity and the intensities of iRT peptides in the calibration run.

#### Scheduled measurement of PlasmaDive™ Assay Panel

83. Change to 'Prepare' perspective by clicking on the corresponding icon on the top to recalibrate the PlasmaDive™ panel for the current LC setup.
84. Select the panel 'PlasmaDive™100.2.1 PRM [human]' in the '1) Choose Panel' section
85. Select the calibration run used for calibration in step 65 in the '2) Choose LC calibration' section. The most recently loaded run is shown on top of the table, however, you may select from other previously loaded runs.
86. Adjust the instrument and method settings in '3) Export Method' section (Note 15).
  - 86.1. Change to a scheduled method on the pull-down menu 'Scheduling'.
  - 86.2. Adjust the retention time window in minutes in the field 'Window (min)' in order to not to exceed a maximum number of 80 concurrent precursors
87. Export the method (inclusion list) by clicking on 'Export Method ...' and save it to a location of your choice.
88. Import the inclusion list into the PRM instrument method of choice (Note 17) and start the data acquisition of your samples from step 52.
  - 88.1. Make sure that you use the exact same LC setup and gradient as used for the calibration.

#### Note 17

We recommend to use a resolution of 17.5k (Orbitrap) or 30k (Orbitrap HF) which corresponds to a max fill time of 55ms per precursor, due to the high level of multiplexing of the assay panel.

89. Measure all samples in your experiment using the same scheduled instrument method (Note 16).

## G. LC-MRM or PRM data analysis

90. After the panel measurements are done, transfer the raw files to the computer running SpectroDive™.
91. Change to the 'Review' perspective and click on 'Load Raw Data...' directly or first on the 'plus' sign on top to generate a new experiment tab.

*Optional: define a name for the experiment in the field 'Name'.*

92. Load run files (.RAW or .WIFF) and click 'Start'.
93. An experiment tab will open. In the left panel the LC-MS runs are shown as nodes in a tree structure. In the status bar you can see the progress of loading the mass spectrometer raw data. If you click on the LC-MS run node on the left you will see two charts on the right. On top in the "LC Gradient" plot you can see the retention times of the iRT peptides indicating the linearity of your LC-gradient. In the lower plot you can see the summed up ion traces for all the peptides that were measured.
94. You may make a comment to each LC-MS run e.g. assigning a sample ID or general remarks by right clicking on the LC-MS run name in the left panel and selecting 'Comment (C)'.
95. By clicking on the LC-MS run node, the panels measured in this run will appear.
96. By clicking on a panel node the peptide nodes will appear.
97. When you click on a peptide node two graphical panels on the right will appear.
  - 97.1. The top right panel displays all the transitions of this peptide as well as the peak boundaries and the Qvalue. The Qvalue indicates the confidence of the endogenous (light) peptide identification (lower Qvalue indicates higher confidence) (Note 18).
  - 97.2. The bottom right panel shows the sum of all transitions together with the peak boundaries as well as quantitative information about this peptide.
  - 97.3. You can zoom in the plots and perform various actions by right clicking on the plot. Right clicking also enables you to set the scale back to default after zooming.
  - 97.4. You can select from various plots to be displayed in the pull-down menus on top for 'Upper panel' and 'Lower

### Note 18

SpectroDive™ by default qualifies a protein as identified when Qvalue is  $\leq 0.01$ .

panel' e.g. to 'Alignment view' in order to review one peptide across all runs.

98. Review the peptide signals (User Verification).
  - 98.1. When a peptide is selected, you can manually accept or reject it. Use the menu that appears by right clicking on the peptide node or toggle using the keyboard hotkeys "A" and "R". If no action is performed, the peptides remain in the analysis as unchecked (no user verification).
  - 98.2. To manually change peak integration, readjust the green integration boundaries (green box). Drag and drop the border to the correct location. The status of the peak will change to "User Manually Integrated".
  - 98.3. To return to the SpectroDive™ initial integration, right click on the respective peptide node and select 'Remove User Peak'.
  - 98.4. You may make a comment to each peptide by right clicking on the peptide node and selecting 'Comment (C)' (Note 19).
99. Peptide node includes the transition group node. Transition group nodes are used to group transitions according to isotopic labelling. If you select the transition group node on the left you will again see two graphical panels on the right. The top panel shows the transitions of this transition group in different colours. The bottom panel displays information about the peak. You can see quantitative as well as chromatographic information.
100. One level below you can find the transition node. If transition node is selected you will see again two graphical panels on the left that show the information specific to this transition.
101. You can use multiple filtering options at the bottom of the left panel to select specific nodes of the tree (e.g. in Qvalue filter when 'Value' is set  $\leq 0.01$ , only the peptides with Qvalues  $\leq 0.01$  are displayed).

#### Generation of report

102. Switch to the 'Report' perspective.
103. Choose 'PlasmaDiveReport' schema on the left.
104. Export the report to a tab separated table file (.xls file). This file format can be further edited with e.g. Microsoft Excel.

#### Note 19

This is not equal to the comments that can be made to each run.

## Report Columns Description

The SpectroDive™ report is run based. Each row in the report corresponds to a run.

The following columns are included into the report:

Column name	Description
Experiment Name	The name of experiment that have been specified while loading the data. If the user hasn't specified anything, SpectroDive™ automatically assigns a default name.
Run Name	The name(s) of run file(s) without the .RAW or .WIFF extension.
Run Comment	Comment made while reviewing the run in step 94 (optional).
Protein Id	The UniProt accession number of the protein.
Protein Name	The UniProt identifier of the protein.
Is Identified	TRUE or FALSE, states whether the protein has been identified with confidence (Qvalue $\leq 0.01$ ) in the respective sample.
Injected Amount [fmol]	Absolute amount of the endogenous peptide injected on the column calculated based on the following assumption: <ul style="list-style-type: none"> <li>◆ Section E of the protocol above was exactly followed.</li> </ul>
Plasma Concentration [ $\mu\text{g}/\mu\text{l}$ ]	Concentration of the protein in the original 10 $\mu\text{l}$ plasma sample calculated based on the following assumptions: <ul style="list-style-type: none"> <li>◆ No protein / peptide losses during the sample preparation;</li> <li>◆ Peptide amount is representative for the corresponding protein;</li> <li>◆ Protein molecular weight is based on amino acid sequence;</li> <li>◆ Steps 1-104 of the protocol above were exactly followed.</li> </ul>
Qvalue	Qvalue assigned by SpectroDive™ (see step 97.1).
User Verified	Specifies whether the user has accepted, rejected or not checked the protein manually in the respective sample (see step 98.1).
User Integrated	TRUE or FALSE, states whether the peptide peak has been manually integrated by the user.
Protein Comment	Comment made while reviewing the peptide in step 98.4.

## Troubleshooting Guide

This troubleshooting guide may be helpful in solving issues that may arise.

Issue	Possible Cause	Recommended Solution
LC column is clogged during sample analysis	Solid particles were not completely removed from the samples during the centrifugation (step 46)	Transfer final samples to single vials and repeat a cold centrifugation (4°C) as described in step 46.
The first iRT peptide behaves irregularly	LC gradient starts with > 1% AcN	Ensure you use the LC settings as recommended in Section E. Because of the high peptide hydrophilicity slight irregularities of the first iRT peptide behaviour still can be observed. This usually does not influence the quality of calibration.
iRT calibration is not linear	Non-linear gradient was used	Use linear gradient and LC settings as recommended in the Section E.
	A minor issue in chromatographic system if there are only 1 or 2 outliers from linearity	Check manually if respective iRT peaks are correctly integrated and if the peak shapes are satisfactory. If not, exclude outliers from calibration by clicking on "Edit..." in '2) Choose LC calibration' section.
	A major defect in chromatographic system if iRT calibration is not linear through the whole range	Please contact the technical support of the LC manufacturer.

Issue	Possible Cause	Recommended Solution
No signal on LC-MS when analyzing samples	Problem with sample preparation	Prepare and analyze a control sample with Reference Peptide Mix diluted in LC Buffer (keep the dilution rate as in the Section E of the protocol). If you see a signal on LC-MS your initial samples were not prepared correctly.
	Problem with the LC-MS system	If you don't see any signal on your LC-MS after analyzing the control sample from above please contact the technical support of your LC-MS vendor.
SpectroDive™ cannot load runs from my Thermo Scientific instrument	The Thermo API might not be properly registered	Contact Thermo Scientific to download the newest version of the msFileReader API. Run the installer in administrator mode.
An error “iRT calibration failed” appears when loading my runs into SpectroDive™	The Reference Peptide Mix was not spiked into samples before LC-MS analysis	Check the raw files in the XCalibur software for iRT peptides and if they are not visible re-analyze the samples by spiking-in the Reference Peptide Mix according to the protocol. Further details on the iRT peptides can be found at <a href="http://www.biognosys.com/shop/irt-kit">www.biognosys.com/shop/irt-kit</a>
	The raw files are corrupted	Transfer the raw files from the instrument again.
SpectroDive™ did not analyze my runs, I only see grey run names in the analysis tree	The Reference Peptide Mix was not spiked into samples as per protocol before LC-MS analysis	Spike the Reference Peptide Mix into the samples (Section E) and repeat the analysis.

Issue	Possible Cause	Recommended Solution
Only iRT peptides are displayed in SpectroDive™ analysis tree	The corresponding Panel Plug-in is not correct or not installed	Install the correct Panel Plug-in for the kit you are using.
	Analytical run was performed with incomplete transition list (e.g. without transitions for panel peptides)	Check if the transition list contains panel peptides. If not, do the calibration according to the protocol (Section F) and re-analyze the samples with the corrected MS-method.
Exported report is empty or does not correspond to the description in the manual	A correct SpectroDive™ Panel Plug-in is missing	Install a correct Panel Plug-in for the kit you are using.
	The incorrect report schema was chosen in step 103 when generating the report	Choose the correct report schema and export the report again.
Some of the protein quantities in my report are shown as "Not Detectable"	Low quality of the analytical run (unsatisfactory LC-MS performance)	Control performance of your LC-MS system and repeat the sample analysis.
	The protein concentrations are below the limit of quantification	Detectability of target proteins may vary between samples as some of the proteins are only detectable in certain medical conditions.

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